

# Travel Pillow Case

This handy pillowcase for a travel-size pillow incorporates a pocket to keep the pillow form in place. The pillowcase front is a perfect platform for embroidered embellishments.

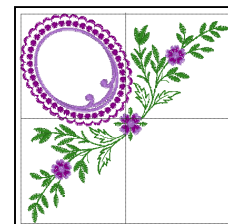
## Supplies

- 3/4 yard fabric, 45" or wider (cotton damask, sateen, broadcloth, or even good quality muslin)
- **Floriani Template Tearaway**
- **Floriani Heat N Sta**
- **Floriani Embroidery Threads**
- Embroidery bobbin thread
- Threads for sewing
- 12" x 16" pillow form
- Sweetheart Vines and Sweetheart Vine Companions designs from My Fair Lady Designs
- Monogram initial of your choice



## Instructions

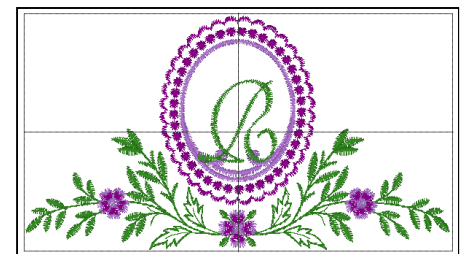
- 1) Begin by printing full size templates of the embroidery designs and a single initial from your monogram font on Floriani **Template Tearaway**. Be sure to indicate the horizontal and vertical centerlines on each template. Trim each template just outside the design area. The templates are especially useful if you are making the project with a 4" embroidery hoop; the main design has been rotated 45° so it fits within the small hoop without a great reduction in the design size. The templates are also useful for locating a script initial within the embroidered frame, since matching the center points of the initial and frame does not always create a visually pleasing arrangement.
- 2) Cut a 13" x 20" rectangle for the pillowcase front and a 13" x 24" rectangle for the pillowcase back.
- 3) Cut a piece of Floriani **Heat N Sta** about 4" wider than the pillowcase fabric, or big enough to fill a large hoop. Fuse the stabilizer to the fabric wrong side at one short end of the pillowcase front so the stabilizer extends 2" beyond the fabric at the sides. (The



4x4 template shape



5x7 template shape

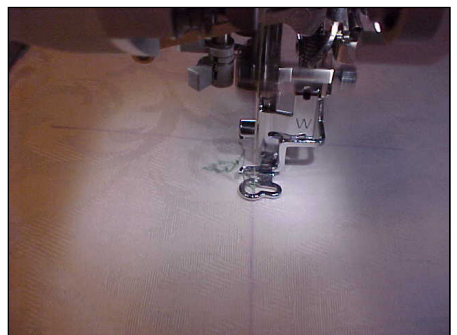
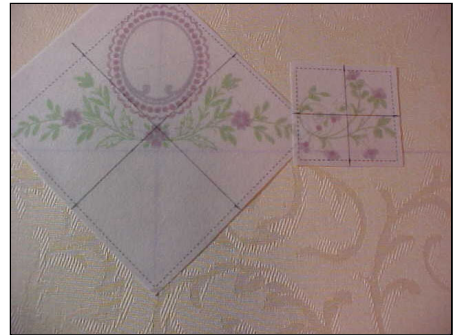
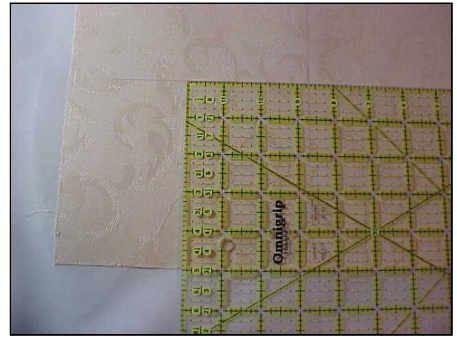


Matching the center points give this unsatisfactory result.



additional stabilizer allows hooping near the fabric edges.)

- 4) With a removable marker, draw a line on the pillowcase front 5" from the stabilized short end. This is the base line (not the centerline) for the central embroidery. Also draw a line along the vertical center of the pillowcase front.
- 5) Remove the protective paper backing and position the templates on the marked fabric, using the centerline and baseline as guides. The center motif sits on the baseline, while the side motifs extend 1/8" below it.
- 6) Hoop the fabric at the first embroidery placement. Use the machine controls to position the needle over the design centerlines. Remove the **Template Tearaway** and embroider the design.
- 7) Repeat for the remaining floral motifs. If you are using a large hoop, it may be possible to stitch all the designs without rehooping.
- 8) Rehoop the fabric so the central floral motif is within the embroidery field. Use the template of the monogram initial to position the monogram within the embroidered frame. Locate the needle over the letter's center, remove the **Template Tearaway**, and stitch the monogram.
- 9) When embroidery is complete, remove the markings and as much **Heat N Sta** as possible. Lay the embroidered fabric face down on a thick towel and carefully press from the wrong side.
- 10) Set the sewing machine for a regular straight stitch. On one short end of the pillowcase back, turn under 1/4" twice and press. Edgestitch the hem.



*Remember: Template Tearaway is a placement aid, not a stabilizer. Remove it before stitching.*

- 11) Fold 6" of the hemmed edge to the wrong side and press.



- 12) On the embroidered end of the pillowcase front, press under ½", then 2", to create the hem. Edgestitch through all layers with a regular straight stitch, or set the machine for an entredoux stitch, insert a wing needle, and stitch the hem in place.



- 13) Lay the pillowcase front on the pillowcase back, right sides together. Stitch the sides and the unfinished end with a ½" seam. Use a serger, or set the machine for an overcasting stitch to finish the seam edges.



Turn the pillowcase right side out. The fold on the pillowcase back will lie between the fabric layers.

- 14) Insert the pillow form, tucking it inside the pocket of the pillowcase back.



*designed by Rebecca Kemp Brent for RNK Distributing*

### Sources

Embroidery designs are courtesy of Shelly Smola, My Fair Lady Designs  
[www.myfairladydesigns.com](http://www.myfairladydesigns.com)

Monogram was digitized with PE Design from the True Type font English 111 Presto BT.